



BREAST CANCER SUPPORT GROUPS

David C. Pratt Cancer Center

Enjoy an empowering hour with other woman who have experienced breast cancer. Includes light dinner. Open to breast cancer patients and survivors. Registration is required.

mercy.net/practice/david-c-pratt-cancer-center

(314) 251-6400 OR (314) 238-2000 | 607 South New Ballas Rd., St. Louis, MO 63141

David C. Pratt Cancer Center and Cancer Support Community

Open to young adult cancer survivors, 18-39 years of age. This is a social support group for participants to attend activities within the community! Registration required.

Contact: Angie Ruppel | (314) 251-5673 | Location varies – call for details.

St. John’s Mercy Medical Center

This support group is open to breast cancer patients and survivors. Refreshments are served.

stjohnsmercy.org | (314) 251-6400 | 607 S. New Ballas Rd., St. Louis, MO 63141

Siteman Cancer Center

Young Women’s Breast Cancer Program offers support and education programs for young women with breast cancer and also conducts research on the genetics of the disease.

siteman.wustl.edu | Jennifer Ivanovich | (314) 454-5076

Washington University West Campus Conference Center, 7425 Forsyth Ave Clayton, MO 63105

Life After Breast Cancer - SSM St. Joseph Hospital

- Life After Breast Cancer: This monthly group provides education, support and a light dinner for breast cancer survivors. Speakers are often invited; sponsored by SSM Breast Care and supported by the Karen Weidinger Foundation.
- Look Good...Feel Better: Through a partnership with the American Cancer Society, women are given hair and make-up tips. This program is for women who are currently in treatment from breast cancer. Complimentary makeup is given to all participants.

Contact: Nancy | (636) 755-3056 SSM St. Joseph West 400 Medical Plaza, Lake St. Louis, MO 63367

Contact: Jan | (636) 498-7923 | SSM St. Joseph Medical Park, 1475 Kisker Rd., St. Charles, MO 63304



Northwest Healthcare

This monthly support group discusses issues related to breast cancer and lends emotional support.
(314) 747-WELL | 1225 Graham Rd., Florrisant, MO 63031

Women Supporting Women - SSM St. Clare Health Center

This monthly group provides education and support for breast cancer survivors.
ssmhealth.com/breastcare/breast-cancer-support-groups | (636) 496-2809
1015 Bowles Ave., Fenton, MO 63026

Girl's Night Out - SSM St. Mary's Health Center

This monthly group provides education and support for breast cancer survivors.
ssmhealth.com/breastcare/breast-cancer-support-groups | (314) 768-8045
6420 Clayton Rd., Richmond Heights, MO 63117

Hope Blooms Breast Support - Memorial Hospital

A monthly community-based group at the Cancer Treatment Center allowing women diagnosed with breast cancer to express their physical and emotional needs with others who have had similar experiences.
memhosp.com | (618) 257-5936 | 4000 N Illinois Ln., Swansea, IL 62226

Other Resources:

Cancer Support Community (CSC) Helpline

CSC counselors are just a phone call away. You are welcome to call toll-free to discuss available resources and any personal emotional or social worries from the comfort of your own home.
cancersupportcommunity.org | (888) 793-9355

Cancer Survivors Network

An American Cancer Society online community, where users can join discussion boards, communicate privately with other users and post pictures and songs to online galleries.
csn.cancer.org

Reach to Recovery

This program is provided by the American Cancer Society and pairs a breast cancer survivor with a recently diagnosed patient who has similar issues. Each volunteer is specially trained and certified by Reach to Recovery standards to help the patient express their feelings, verbalize her fears and concerns, and be an impartial sounding board for questions and matters that may be affecting them.
cancer.org/treatment/supportprogramsservices/app/resource-detail.aspx?resourceId=121212