



## OCCUPATIONAL THERAPY COMMUNITY CARE

**OUTPATIENT OCCUPATIONAL THERAPY SERVICES THAT PROVIDE A TEAM-BASED CONTINUUM OF CARE.**

### How we're different

Washington University Occupational Therapy provides unique services with a focus on whole-person health beyond just physical function. We address critical determinants of health including engagement in meaningful activity, participation in community, social connectedness and wellbeing/mental health. We teach patients how to manage medical conditions and bring about changes in habits, roles and routines. Our outpatient services are provided at a patient's home or work, in the community or in our clinics.

### Patient-centered and team-focused

Our therapists provide sub-specialty care, including:

- Geriatrics
- Neurology - movement disorders, stroke
- Orthopedic surgery
- Plastic surgery
- Primary care
- Psychiatry -early intervention, autism

**Our clinical interventions** start by evaluating each patient and their environment. We then create a treatment plan to optimize that patient's function and participation in meaningful activities and daily life.



*Occupational therapists from Community Practice and Milliken Hand Rehabilitation Center*

**Refer a patient: 314-286-1669**

### Interdisciplinary programs

We work closely with Washington University Physicians to offer patients comprehensive care:

- Low hearing at the Central Institute for the Deaf
- Neonatal intensive care unit (NICU) at St. Louis Children's Hospital

## OUR APPROACH TO PATIENT CARE

With the changing health care landscape and the increasing need for personalized medicine, our approach to care allows our therapists to provide a more complete view of the patient to the overall medical care plan.



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## LOCATIONS

Center for Advanced Medicine  
4921 Parkview Place, Suite 6F  
St. Louis, MO 63110

Central Institute for the Deaf  
825 South Taylor Ave.  
St. Louis, MO 63110

Community Practice Clinic  
4444 Forest Park Ave.  
St. Louis, MO 63108

Paraquad Clinic  
5232 Oakland Ave.  
St. Louis, MO 63110

Paraquad Health and Wellness Center  
5200 Berthold Ave.  
St. Louis, MO 63110

Washington University and Barnes-Jewish Orthopedic Center  
14532 South Outer Forty Rd.  
Chesterfield, MO 63017

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**Occupational Therapy**